

NASAL SPECIMEN COLLECTION KIT INSTRUCTIONS

Please carefully read all instructions.

Failure to follow instructions may lead to incorrect results.

For use by any individual age 14 years and older (self-collected), 5 years and older (self-collected under adult supervision), or 2 years and older (collected with adult assistance).

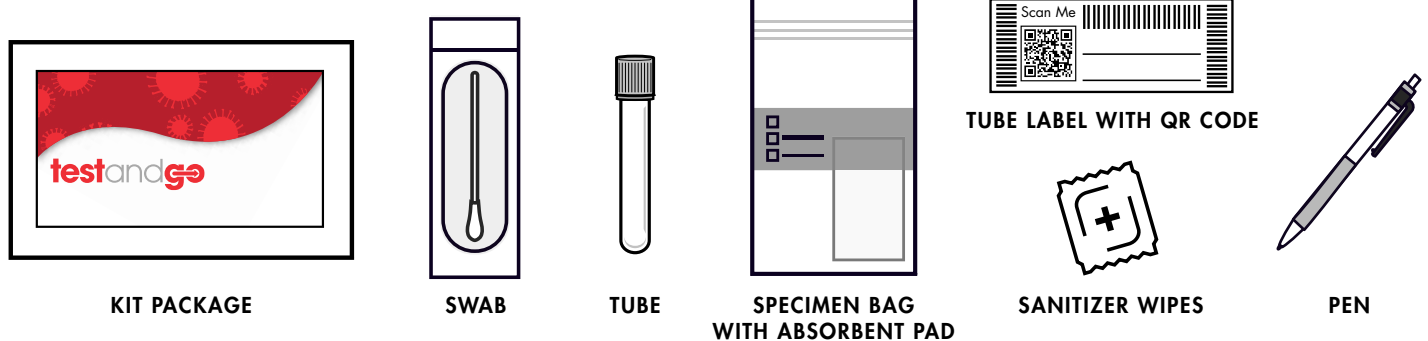
For prescription use, IVD, and Emergency Use Authorization ONLY.

Questions: Contact us at testandgo.com or call (800) 402-0000.

BEFORE RETURNING KIT, CONFIRM:

- ✓ **KIT WAS ACTIVATED.** The specimen cannot be processed if it is not activated.
- ✓ **DATE OF BIRTH and INITIALS** are written on the tube label.
- ✓ **TUBE IS SEALED** in the provided specimen bag with absorbent pad.
- ✓ You will drop off the specimen on the **SAME DAY** it is collected.

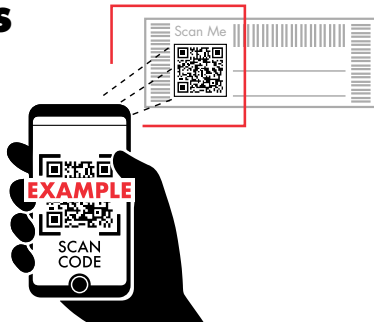
KIT CONTENTS



KIT INSTRUCTIONS

1 Activate kit

- Scan the QR Code on the tube label in the kit or visit www.testandgo.com to register your kit. After registration, there will be instructions to guide you through the steps below.
- If you cannot scan the label, call our helpline to complete this step: 800-402-0000.



2 Plan for specimen drop-off

- The specimen **MUST** be dropped off the same day it is collected.
- Specimens dropped off too late will not be processed.

3 Blow nose and clean hands

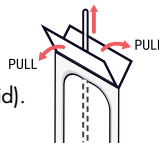
A clear nose and clean hands are important to obtain a good specimen.

- Using a clean tissue, gently blow nose and remove any debris to clear both nostrils. *If around other people, blow nose in a private area.*
- Anyone touching supplies must clean their hands. Use sanitizer/wipe or wash hands with soap and warm water for 20 seconds and dry them thoroughly with a clean towel.



4 Open nasal swab package

- Remove the nasal swab from wrapper by pulling the 2 ends of the wrapper apart (like you would open a band-aid).
- Be careful to **only touch the swab handle, not the tip.**



5 Swab both nostrils

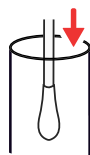
Note: Children under 5 years of age should be swabbed by an adult.

- Gently insert the **entire** soft tip of the swab into one nostril until you feel a bit of resistance.
- Insert **less than 1 inch** into the nostril for adults and **less than 1/2 an inch** for younger children.
- Using medium pressure, rub the swab slowly in a circular motion around the inside wall of the nostril **4 times**.
- The swab tip should be touching the inside wall of the nostril through each rotation.
- Repeat with the **same swab** in the **other nostril**.



6 Put swab in tube

- While **holding the swab**, open the tube.
- Put the swab **tip first** into the tube.
- Screw the cap back onto the tube **tightly**.



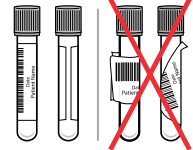
7 Fill out tube label

The lab can only process the specimen if the correct information is written on the label.

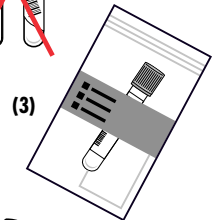
- Write the **initials** and **date of birth** of the person being tested on the tube label.



- Place label on the tube as shown.



- Place the tube in the specimen bag and close the top of the bag securely. Leave the white pad in the bag.



8 Clean hands

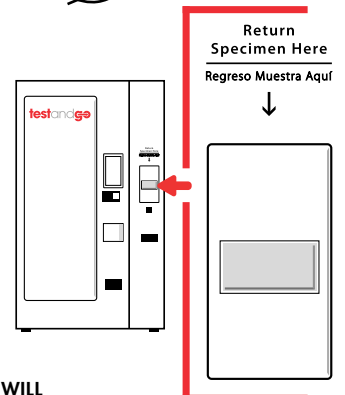
Before returning the collected specimen, wash hands with soap and warm water for 20 seconds or use a sanitizer wipe, drying them thoroughly with a clean towel.



9 Drop off specimen

The specimen **MUST** be dropped off the same day it is collected.

- Deposit the specimen bag with **swab sealed in the vial** into the slot indicated on the kiosk.



WHEN YOUR RESULTS ARE READY YOU WILL RECEIVE A TEXT OR EMAIL. IF YOU DO NOT RECEIVE YOUR RESULTS WITHIN 48 HOURS PLEASE CALL 800-402-0000

WARNINGS:

- To prevent injury, use only the components provided in the kit to collect your specimen and do not use swab if package seal is broken.
- Do not perform test on an individual under the age of 2.
- This product has not been FDA cleared or approved, but has been authorized for emergency use by FDA under an EUA.
- This product has been authorized only for the collection and maintenance of anterior nasal swab specimens as an aid in detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens.
- The emergency use of this product is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of medical devices under Section 564(b)(1) of the Federal Food, Drug and Cosmetic Act, 21 U.S.C. § 360bbb-3(b) (1), unless the declaration is terminated or authorization is revoked sooner.

PLEASE READ:

Seek immediate medical care from a healthcare professional if seriously ill – do NOT wait for the results of this test. Call 9-1-1 if having a medical emergency. Signs of a serious medical condition include, but are not limited to: severe shortness of breath or difficulty breathing, coughing up blood, chest pain, irregular heartbeat, persistent vomiting or diarrhea.

This kit is manufactured for Audere (healthpulse.now.org).